## Bistranjski Drmeš

(Croatia)

Drmeš from Bistra, near Zagreb.

CD: Dances of Croatia

Formation: Circle of 8-10 people. Hand hold: L hand under, R, over. Hold with middle

fingers only.

<u>Meas</u> <u>Pattern</u>

## A. STEP-LIFTS (PART 1)

1 Step on R ft toward center.

Lift on R ft and raise L (rocking motion).

2 Step on L ft in place.

Lift L heel (rocking motion).

3-16 Repeat above to a total of 8 times.

End with lift on R ft.

## B. CIRCLE TURN (PART 2)

1 Cross R ft over L, moving L.

Step on L ft behind, moving L.

2-8 Repeat above to total of 8 times.

9-16 Repeat above meas 1-8, starting with crossing L ft over R and moving to R.

Presented by John Filcich Learned from Josip Mardunovic in Velika Gorica, near, Zagreb in 2007.